

Emily Van Pelt, Ph.D.

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EDUCATION

- Ph.D., Counselor Education (2012)
Counseling and Higher Education, University of North Texas, Denton, TX. (CACREP-Accredited)
Major: Counselor Education
Research interests: Play Therapy, Adlerian Play Therapy, and Multiple Birth Children and Families. Chair: Dr. Dee Ray.
- M.Ed., Counseling (2007)
Counseling, University of North Texas, Denton, TX. (CACREP-Accredited)
Areas of Concentration: Play Therapy.
- B.A., Psychology (2005)
Psychology, University of Iowa, Iowa City, IA.

CREDENTIALS AND CERTIFICATIONS

- Licensed Professional Counselor- Supervisor # 65427, Texas State Board of Examiners of Professional Counselors
- Registered Play Therapist-Supervisor # T1888, Association for Play Therapy

CLINICAL EXPERIENCE:

2018-Present

Emily Van Pelt, Ph.D., PLLC
President/Owner
Dallas, TX

Emily Van Pelt, Ph.D., PLLC is a private practice counseling firm that was established in 2018 to provide counseling services to children and their families. As President and Owner, Dr. Van Pelt's duties primarily consist of individual counseling sessions, family and reunification counseling sessions, and public speaking.

2011-2017

Beckloff Pediatric Behavioral Center
Director of Clinical Services
Dallas, TX

Beckloff Pediatric Behavioral Center is a private practice establishment that provides counseling services and psycho-educational assessments to children and their families in the community. Duties primarily included individual counseling sessions, family and reunification counseling sessions, supervision of other clinicians, and public speaking.

2009-2011

University of North Texas, Dallas Clinic
Assistant Clinic Director
University of North Texas
Dallas, TX

Aided professors and masters' level students, duties included conducting orientations, intakes, scheduling, and individual, triadic, and group supervision. (CACREP- Accredited)

2009-2011

Child and Family Resource Clinic

Counselor-Intern

University of North Texas

Denton, TX

Provided individual therapy, play therapy, group play therapy, and activity therapy to community members and college students.

2010-2010

Counseling and Human Development Center

Group Counselor-Intern

University of North Texas

Denton, TX

Provided group counseling to masters' level students enrolled in group counseling course, Coun 5780.

2008-2010

Counseling and Human Development Center

Group Counselor-Intern

University of North Texas

Denton, TX

Provided group counseling to masters' level students enrolled in group counseling course, Coun 5780.

2010-2010

Dallas Campus Counseling Clinic

Filial Counselor-Intern

University of North Texas at Dallas

Dallas, TX

Provided Child Parent Relationship Training to mothers receiving services currently or in the past through the DCCC.

2010-2010

Eva Swan Hodge Elementary School

Play Therapist

Denton Independent School District

Denton, TX

Provided individual play therapy to children in the school system.

2009-2010

Borman Elementary Schools

Play Therapist

Denton Independent School District

Denton, TX

Provided individual play therapy to children in the school system.

2009-2010

Child and Family Resource Clinic
Assessment Counselor
University of North Texas
Denton, TX

Provided and administering full scale child psycho-educational assessments. Duties included conducting parent interviews and feedback, administering and scoring assessments, writing reports, and staffing cases with fellow academic departments.

2008-2009

Counseling and Human Development Center
Counselor-Intern
University of North Texas
Denton, TX

Provided individual counseling, play therapy, group therapy, group play therapy, and activity therapy to community members and college students.

2008-2008

Counseling and Human Development Center
Filial Counselor-Intern
Plano Area Mothers of Multiples (PAMOM)
Plano, TX

Provided filial therapy to mothers involved in a mothers of multiples support group in the Plano area.

2007-2007

New Beginnings Center
Practicum Counselor
New Beginnings Center
Garland, TX

Provided individual, group, play therapy, and adolescent group services to women and children affected by domestic violence.

TEACHING EXPERIENCE**Fall 2008**

Coun 3600: Therapeutic Play, University of North Texas, Denton, TX. Discussion leader.

Summer 2009

Coun 5680: Basic Skills in Counseling, University of North Texas at Dallas, TX. Teaching Assistant.

Fall 2009

Coun 5660: Advanced Skills in Counseling, University of North Texas at Dallas, TX. Teaching Assistant.

Spring 2010

Coun 5640: Group Play Therapy, University of North Texas at Dallas, TX. Guest lecturer.

Summer 2010

Coun 5730: Appraisal in Adult Counseling, University of North Texas at Dallas, TX. Guest lecturer.

Fall 2010

Coun 3600: Therapeutic Play, University of North Texas, Denton, TX.
Teaching Assistant.

Summer 2011

Coun 5700: Introduction to Play Therapy, University of North Texas,
Denton, TX. Co-Teaching.

Summer 2012

Coun 5690: Practicum in Counseling, University of North Texas, Dallas,
TX. Adjunct Faculty Professor.

Fall 2012

Coun 5690: Practicum in Counseling, University of North Texas, Dallas,
TX. Adjunct Faculty Professor.

Spring 2013

Coun 5690: Practicum in Counseling, University of North Texas, Dallas,
TX. Adjunct Faculty Professor.

Summer 2013

Coun 5690: Practicum in Counseling, University of North Texas, Dallas,
TX. Adjunct Faculty Professor.

SUPERVISION EXPERIENCE**2012-2017**

Supervisor: Beckloff Pediatric Behavioral Center, BPBC, Dallas, TX. Responsible for the clinical supervision of counselors holding the LPC-internship status, practicum students, and field work students.

Summer 2011

Coun 5700: Introduction to Play Therapy, University of North Texas, Dallas, TX. Responsible for the supervision of the masters' level counselors in their first experience seeing children in a therapeutic setting.

Spring 2011

Coun 5690: Practicum in Counseling, University of North Texas, Dallas, TX. Responsible for the supervision of masters' level counselors.

Fall 2010

Coun 5690: Practicum in Counseling, University of North Texas, Dallas, TX. Responsible for the supervision of masters' level counselors.

Summer 2010

Coun 5720: Internship in Counseling, University of North Texas, Dallas, Responsible for the supervision of the masters' level counselors in their first semester of internship.

Summer 2010

Coun 5700: Introduction to Play Therapy, University of North Texas, Dallas, TX. Responsible for the supervision of the masters' level counselors in their first experience seeing children in a therapeutic setting.

Spring 2010

Coun 5720: Internship in Counseling, University of North Texas, Dallas, TX. Responsible for the supervision of the masters' level counselors in their first semester of internship.

Spring 2010

Coun 5690: Practicum in Counseling, University of North Texas, Dallas, TX. Responsible for the supervision of masters' level counselors.

Fall 2009

Coun 5690: Practicum in Counseling, University of North Texas, Dallas, TX. Responsible for the supervision of masters' level counselors.

Fall 2009

Coun 5660: Advanced Skills in Counseling, University of North Texas at Dallas, TX. Responsible for supervising advanced skills class taping, feedback and triad supervision.

Summer 2009

Coun 5680: Basic Skills in Counseling, University of North Texas, Dallas, TX. Responsible for supervising basic skills taping and session feedback.

Spring 2009

Coun 5690: Practicum in Counseling, University of North Texas, Denton, TX. Responsible for supervision of master's level counselors.

Fall 2008

Coun 5700: Introduction to Play Therapy, University of North Texas, Dallas. Responsible for the supervision of the masters' level counselors in their first experience seeing children in a therapeutic setting.

PROFESSIONAL PRESENTATIONS

- Play Therapy Supervision: Ethical Considerations and Limitation (Spring 2010), presented at Texas Association for Counselor Education and Supervision Austin, TX.
- Play Therapy: Responding to Children in an Emotional Way (Spring 2010), presented at Texas Mothers of Multiples Conference Garland, TX.
- Sibling Rivalry amongst Multiple Birth Children (Fall 2010), presented at Plano Area Mothers of Multiples meeting Plano, TX.
- Sibling Dynamics amongst Unique Populations (Spring 2011), presented at the International Conference on Parent Education and Parenting Denton, TX.
- Sibling Rivalry: Make it STOP! (Fall 2011), presented at the Plano Area Mothers of Multiples meeting Plano, TX.
- Sibling Rivalry: Make it STOP! (Fall 2012), presented for the Early Childhood Parent Teacher Association meeting The Colony, TX.
- Basic Play Therapy Techniques and Private Practice (Spring 2013), presented at The University of North Texas Dallas, TX.
- Understanding Selective Students that are Selectively Mute (Spring 2013), presented at All Saints Catholic School Dallas, TX.
- Helping Children with Attention Deficit/Hyperactivity Disorder (Fall 2014), Co-presented at Great Lakes Academy Plano, TX.
- Children in the Middle (Fall 2015), Co-presented at Beckloff Pediatric Behavioral Center Dallas, TX.

- Executive Functioning in the Schools (Fall 2015), Co-presented at All Saints Catholic Schools Dallas, TX.
- Children in the Middle (Spring 2016), Co-presented at Beckloff Pediatric Behavioral Center Dallas, TX.
- Children in the Middle (Fall 2016), Co-presented at Beckloff Pediatric Behavioral Center Dallas, TX.
- Raising Confident Kids! (Fall 2016), Co-presented at Good Shepherd Episcopal Church.
- Children in the Middle (Spring 2017), Co-presented at Beckloff Pediatric Behavioral Center Dallas, TX.
- Raising Strong Willed Children (Spring 2017), Co-presented at Coppell Early Childhood Group.

RESEARCH EXPERIENCE

Research Assistant (2009-2010):

Research within the Denton Independent School district. Research project was designed to examine the effectiveness of Adlerian Play Therapy. The project entailed seeing children in the schools twice weekly, project running from September 2009-January 2010.

Research Assistant (2010-2010):

Research with the Denton Independent School District. The research project was designed to compare the effectiveness of Play Therapy within the school setting. The research project has a strong emphasis on Working with the teachers as well as the students. The project entailed seeing students once per week, project running from February 2010-May 2010.

PROFESSIONAL DEVELOPMENT AND SPECIALIZED TRAINING

Service:

- Chair for Social Committee, Rho Kappa Chapter Chi Sigma Iota, 2010-2011
- Chair for Doctoral Orientation & Mentor, Rho Kappa Chapter Chi Sigma Iota, 2009-2010
- Fall Center for Play Therapy Conference Volunteer, Center for Play Therapy, 2009
- Summer Institute Conference Volunteer, Center for Play Therapy, 2009
- Co-leader for masters' interviews, University of North Texas, 2008-2009
- Chi Omega Alumni Association, 2005-present
- University of Iowa Alumni Association, 2005-present

Continuing Education:

- Adlerian Play Therapy; University of North Texas. Denton, TX, Fall 2015.
- Play it Forward; Texas Association for Play Therapy. Austin, TX, Spring 2015.
- Intervention Between Two Homes; Children in the Middle. Denton, TX, Spring 2015.
- Play Therapy in the Courtroom; Association for Play Therapy. Spring 2015.
- Collaborative Law Interdisciplinary Training; The Collaborative Law Institute of Texas. San Antonio, TX, Summer 2014.
- Beyond Bullying Conference; Region 10 Educational Service Center. Richardson, TX, Summer 2014.
- Neurobiology Informed Play Therapy: Improving Client Outcome; Center for Play Therapy: International Play Therapy Institute Summer Workshop Series. Denton, TX, Summer 2014.
- Family Mediation Training Course; Dr. Nancy K. Ferrell. Conflict Happens. Dallas, TX, Fall 2014.
- New Ways for Families; William A. Eddy. Georgetown, TX, Summer 2013.
- Basic Mediation Training; Dr. Nancy K. Ferrell. Conflict Happens. Dallas, TX, Spring 2013.
- Family Mediation Training Course; Dr. Nancy K. Ferrell. Conflict Happens. Dallas, TX, Spring 2013.
- Nonsexual Boundary Violations: Ethical issues in Family Court for Counselors, Therapists, And Supervisors. North Texas
- Families in Transitions Professional Practice Group (NTXFIT Practice Group). Plano, TX Spring 2013.
- Texas Council on Family Violence. Criminal Justice System Response Training. Plano, TX, Spring 2013.
- Adoption and Attachment. The Institute for Continuing Education. Dallas, TX, Spring 2013.

- Parenting Coordination and Parenting Facilitation Training. Aaron Robb & Bradley Craig. Children in the Middle, Grand Prairie, TX, Fall 2012.
- When Life Hands you Teenagers. Green Oaks Hospital. Dallas, TX, Fall 2012.
- Center for Play Therapy Conference; Dr. Terry Kottman. Group Work with Play, Denton, TX, Summer 2012.
- Interventions in Adlerian Play Therapy; Dr. Terry Kottman. The Encouragement Zone, Cedar Falls, IA, Summer 2011.
- Sandtray with Families; Dr. Daniel Sweeney. Texas Wesleyan University, Fort Worth, TX, Spring 2011.
- Advanced Adlerian Play Therapy; Dr. Terry Kottman. The Encouragement Zone, Cedar Falls, IA, Summer 2010.
- Applied Suicide Intervention Skills Training; Dr. Casey Barrio Minton & Dr. Pam Flint, University of North Texas, Summer 2010
- Five Factor Wellness Training; Dr. Jane E. Meyers & Dr. Thomas J. Sweeney, University of North Texas, Chi Sigma Iota Workshop, 2010.
- Play Therapy is Not just for Kids: Sandtray with Adolescents and Adults; Dr. Steven Armstrong, University of North Texas, Center for play therapy Summer Institute Workshops, 2009.
- Adlerian Play Therapy: Three-day Intensive Training, Dr. Terry Kottman, University of North Texas, summer 2009.
- Safe Talk, Suicide intervention and Prevention Program, Dr. Casey Barrio-Minton, University of North Texas, Denton, TX, Fall 2008.

HONORS AND AWARDS

Local:

- DFWChild, Mom Approved Therapist (2017)
- DFWChild, Mom Approved Therapist (2016)
- DFWChild, Mom Approved Therapist (2014)
- Vivian S. Spohn Educational Scholarship (Fall 2011/Spring 2012)
- Center for Play Therapy Scholarship (Fall 2011/Spring 2012)
- University of North Texas Tuition Scholarship (Summer 2010)
- Vivian S. Spohn Educational Scholarship (Fall 2010/Spring 2011)
- University of North Texas Tuition Scholarship (Spring 2010)
- Dr. Garry Landreth Scholarship (Fall 2009)
- Center for Play Therapy Scholarship (Fall 2009/ Spring 2010)
- Vivian S. Spohn Educational Scholarship (Fall 2009/ Spring 2010)
- Academic Achievement (Fall 2009/ Spring 2010)
- Academic Achievement (Fall 2008/ Spring 2009)
- The Lisa and Kenny Troutt Scholarship from the Center of Play Therapy (Fall 2008)

PSYCHOEDUCATIONAL ASSESSMENT

Experienced in administration, scoring, and interpretation of the following instruments:

- Wechsler Intelligence Scale for Children-IV
- Learning Efficiency Test-II
- Test of Information Processing Skills
- Beery Developmental Test of Visual-Motor Integration
- Child Behavior Checklist
- Teacher Report Form
- Adult Self-Report
- Adult Behavior Checklist
- Parent Stress Inventory
- Stress Inventory for Parents of Adolescents
- Myers-Briggs Type Indicator

- Self-Perception Profile for Children
- Pictorial Scale of Perceived Competence for Young Children
- Piers-Harris Children's Self-Concept Scale-II
- Attention Deficit Disorder Evaluation Scale-Home Version
- Attention Deficit Disorder Evaluation Scale-School Version
- Adlerian Life Style Inventory-Children
- Symptom Checklist-90-Revised
- Revised Children's Manifest Anxiety Scale-2
- Young Children's Achievement Test
- Youth Self-Report
- Children's Depression Inventory
- Beck Depression Inventory-II
- Beck Anxiety Inventory
- Substance Abuse Screening Inventor

AFFILIATIONS

National/International:

- Member, American Counseling Association (2009-present)
- Member, Association for Play Therapy (2008-present)
- Member, Chi Sigma Iota International (2008-2011)

Local:

- Member, Texas Counseling Association (2008-present)
- Member, Texas Association for Play Therapy (2008-present)
- Member, Rho Kappa Chapter, Chi Sigma Iota (2008-2012)
- Chair, Mentor & New Doctoral Orientation, Chi Sigma Iota (2009-2010)
- Chair, Social Committee, Chi Sigma Iota (2010-2011)